

Report of York Health and Care Collaborative; Update November 2023

1. Introduction

This report provides an update on the work of the York Health and Care Collaborative (YHCC). The responsibility for leading health promotion and prevention activities across the city is with City of York Council. YHCC provides a forum to share population health intelligence and receive feedback from a wide range of provider and commissioning partners.

2. Progress on Priorities since the last report to HWBB;

NECS (North of England Commissioning Support) was commissioned by the NHS HNY ICB to deliver a Population Health Management Programme for York Place. To start the programme, a workshop was held at September YHCC to bring together colleagues across organisations to engage in a collaborative discussion around population health intelligence for key citizen groups in the city. The following groups were agreed collaboratively by the York Population Health Hub Steering Group:

- People who are living with multiple health conditions in the most deprived areas of York
- Children And Young People with anxiety or depression
- People who are on the Edge of Care / moderate frailty
- 18-25 transition, focussing on what we know pre and post 18 about the Core20 plus 5 CYP areas - Asthma, Diabetes, Epilepsy, Oral Health, Mental Health.

3. Outcomes of the meeting:

- The data showed children and young people from more affluent areas (Fulford and Heworth) have higher rates of anxiety and depression and questioned whether this could be due to them being more likely to seek out help or self-funding care to get a diagnosis privately. Further work is required to identify whether a health inequality is being created due to some people being able to seek private medical care and bypass NHS services.

- Data shows that people with mild/moderate/severe frailty in York have significantly higher levels of falls than groups with similar levels of frailty in North Yorkshire. Work is being done through the frailty team to identify individuals that may have dementia, but have not yet had a diagnosis, and looking at how to put interventions in place earlier to support this cohort and prevent falls.
- An action was taken from the meeting to summarise the data collated by NECS onto one page and disseminate it to a broader audience including social prescribers and Local Area Coordinators (LACs)
- The group was consulted around which cohorts it would be beneficial for the Population Health Hub and NECS to look more closely at based on the data presented. Suggested areas of focus were:
 - Children and Young people, taking a preventative approach to identify issues before they progress,
 - Older people, looking at one of the high cost areas such as adults/elderly with SMI, social care and wider care and the impacts of poverty.

4. Future work for YHCC

In November, YHCC will look at Drugs, Alcohol and Smoking. The meeting will have a particular focus on prevention work that is taking place across the city for children, the transition between child and adult services and the barriers for those with dual diagnosis.

Other topics that have been scheduled for future meetings to March 2024 include, Frailty & Dementia, Women's Health and Mental Health with a focus on children and young people.